## Monday 22<sup>nd</sup> February PSHE Task

## A Bucket Full of Kindness

Over half term it was Random Acts of Kindness Week, and now more than ever it is important to keep relationships strong by showing kindness to others.

What does kindness mean to you?

Task 1: Read the PDF of the story *Have you Filled a Bucket Today?* Discuss with a grown up about kindness and ways to fill other people's buckets.

Task 2: Fill the bucket below with lots of ways you can fill a bucket. You can write words, draw pictures or collage. Try to make it as bright and colourful as you can.

