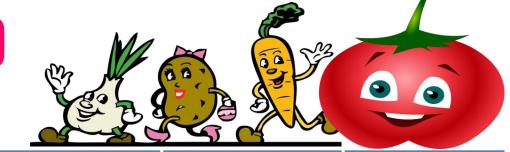
WINTER MENU 2019 Acomb First School



WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Curry	Chicken Wrap	Mince Yorkshire Pudding	Tomato & Basil Pasta Bake	Pizza
Potatoes Pasta/Rice	Rice	Pasta	Potatoes of the Day		Chips
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Muffin	Vanilla Sponge & Custard	Cheesecake	Fruit Crumble with Custard	Biscuit

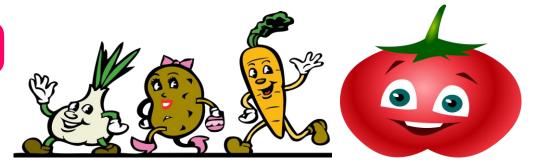


Fresh Fruit and Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables
Allergen Information is Available from the Catering Manager or NCC Web Site



WINTER MENU 2019 Acomb First School

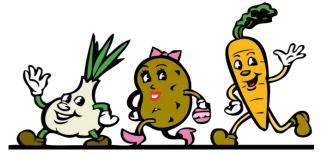


	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Fish Cake	Jacket Potato with choice of fillings Cheese or Tuna	Bolognese Pasta Bake	Pork Casserole	Sausages
Potatoes Pasta / Rice	Jacket Potato Wedges			Potatoes of the day	Chips
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Cake with Glass of Milk or Juice	Fruity Rice Pudding	Fruit Mousse Slice	Fruit Sponge with Custard	Jelly Sundae





WINTER MENU 2019 Acomb First school





	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Pizza Wrap	Pork Casserole	Mince and Dumplings	Turkey Curry	Fish Fingers
Potatoes Pasta / Rice	Potato Wedges	Potatoes of the Day	Roast Potatoes	Rice	Chips
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Sponge & Chocolate Sauce	Homemade Biscuit	Fruit Whip	Marble Cake with Custard	Chocolate Mousse



Fresh Fruit & Yoghurt available daily