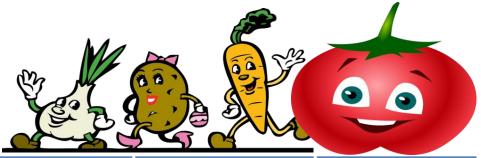
WINTER MENU 2018 Acomb First School WEEK ONE

Soil Association

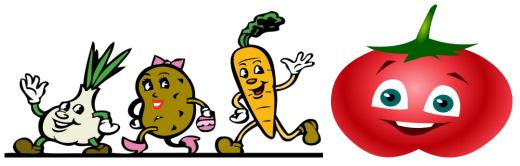


FOR LIFE

	Monday	Tuesday	Wednesday	Thursday	Friday		
Main Course	Tuna / chicken pasta bake	Turkey Breast Yorkshire puddings	Chicken Curry	Pork Casserole	Fish Fingers		
Potatoes Pasta/Rice	Pasta	Roast Potatoes	Rice	Potato or Pasta	Chips		
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans		
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad		
Starters or Sweets	Cheesecake	Mouse Slice	Apple Crumble and Ice Cream	Vanilla Cake and Custard	Fruit Scone		
Fresh Fruit and Yoghurt available daily Drinking Water is Available Daily on the Dining room Tables FIFEL							

Allergen Information is Available from the Catering Manager or NCC Web Site

WINTER MENU 2018 Acomb First School WEEK TWO



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Spaghetti Bolognaise	Turkey Casserole	BBQ Chicken Wrap	Chilli-con-carne	Pizza
Potatoes Pasta / Rice	Garlic Bread	Mash Potatoes	Potato Wedges	Rice	Chips
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Cake and Chocolate Sauce	Fruit Mouse	Chocolate Muffin	Arctic Roll and Fruit	Homemade Biscuit

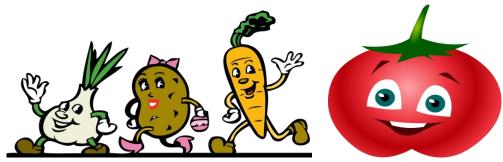


Fresh Fruit & Yoghurt available Drinking Water is Available Daily on the Dining room Tables Allergen Information is Available from the Catering Manager or NCC Web Site



WINTER MENU 2018 Acomb First school WEEK THREE

Soil Association



FOR LIFE

Monday	Tuesday	Wednesday	Thursday	Friday
Salmon Bites or Fish Cakes	Mince and Dumpling	Sweet and Sour Chicken	Tuna / Cheese Jacket Potato	Sausages
Potato Wedges	Potato	Rice		Chips
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Fruit Meringue Nest	Jelly and Ice Cream	Jam Sponge and Custard	Angel Delight	Smoothie
	Salmon Bites or Fish Cakes Potato Wedges Seasonal Vegetables Seasonal Salad	Salmon Bites or Fish CakesMince and DumplingPotato WedgesPotatoSeasonal VegetablesSeasonal VegetablesSeasonal SaladSeasonal Salad	Salmon Bites or Fish CakesMince and DumplingSweet and Sour ChickenPotatoskesSweet and Sour ChickenPotato WedgesPotatoRiceSeasonal VegetablesSeasonal VegetablesSeasonal VegetablesSeasonal SaladSeasonal SaladSeasonal SaladFruit Meringue NestJelly and Ice CreamJam Sponge and	Salmon Bites or Fish CakesMince and DumplingSweet and Sour ChickenTuna / Cheese Jacket PotatoPotacePotaceRicePotato WedgesPotatoRiceSeasonal VegetablesSeasonal VegetablesSeasonal VegetablesSeasonal SaladSeasonal SaladSeasonal SaladFruit Meringue NestJelly and Ice CreamJam Sponge andAngel Delight

Drinking Water is Available Daily on the Dining room Tables

Allergen Information is Available from the Catering Manager or NCC Web Site